



11th NATIONAL SENIOR POOMSAE TAEKWONDO CHAMPIONSHIP: 2022-23

Date: - 24th to 26th March' 2023

Venue: - Tamil Nadu Physical Education and Sports University, Chennai, Tamil Nadu



PROMOTER: TAEKWONDO FEDERATION OF INDIA

ORGANIZER: TAMIL NADU TAEKWONDO ASSOCIATION

TIME TABLE POOMSAE

DATE	TIME	EVENTS
24-03-2023 (FRIDAY)	09:00 AM to 12:00 Noon	Accreditation and registration of Teams
	01:00 PM to 01:30 PM	Coach/ Manager's and TFI officials Meeting and Drawing of Lots
	02:00 PM to 07:00 PM	Preliminaries to Quarter Final for a) Recognized Poomsae b) Free Style c) Mixed Poomsae d) New Poomsae
	06:00 PM to 08:00 PM	March past of Teams & Opening Ceremony
25-03-2023 (SATURDAY)	08:00 AM to 08:00 PM	Quarter Final to Semi Final for a) Recognized Poomsae b) Free Style c) Mixed Poomsae d) New Poomsae
26-03-2023 (SUNDAY)	08:00 AM to 08:00 PM	Semi Final to Final for a) Recognized Poomsae b) Free Style c) Mixed Poomsae d) New Poomsae
	07:00 PM onwards	Prize distribution & Closing Ceremony

NOTE: -

Above schedule is subject to change depending on number of entries. Schedule of Opening and Closing is subject to confirmation by the organizers.

1. It is advised to everyone that please make your travel plan after the completion of the whole tournament and official work (i.e., on 27th March' 2023 Morning) otherwise we will not responsible for any type of train or flight delay 26th March' 2023.