



11th NATIONAL SENIOR POOMSAE TAEKWONDO CHAMPIONSHIP: 2022-23

Date: - 8th to 11th June' 2023

Venue: - St, Xavier's School, Indoor Sport Stadium Dhoran Canal Road, Dehradun,
Uttarakhand

TIME TABLE POOMSAE

DATE	TIME	EVENTS
08-06-2023 (THURSDAY)	09:00 AM to 12:00 Noon	Accreditation and registration of Teams
	01:00 PM to 01:30 PM	Coach/ Manager's and TFI officials Meeting and Drawing of Lots
	02:00 PM to 07:00 PM	Preliminaries to Quarter Final for a) Recognized Poomsae b) Free Style c) Mixed Poomsae d) New Poomsae
	06:00 PM to 08:00 PM	March past of Teams & Opening Ceremony
09-06-2023 (FRIDAY)	08:00 AM to 08:00 PM	Quarter Final to Semi Final for a) Recognized Poomsae b) Free Style c) Mixed Poomsae d) New Poomsae
10-06-2023 (SATURDAY)	08:00 AM to 08:00 PM	Semi Final to Semi Final for e) Recognized Poomsae f) Free Style g) Mixed Poomsae h) New Poomsae
11-06-2023 (SUNDAY)	08:00 AM to 08:00 PM	Final for a) Recognized Poomsae b) Free Style c) Mixed Poomsae d) New Poomsae
	07:00 PM onwards	Prize distribution & Closing Ceremony

NOTE: -

Above schedule is subject to change depending on number of entries. Schedule of Opening and Closing is subject to confirmation by the organizers.

1. It is advised to everyone that please make your travel plan after the completion of the whole tournament and official work (i.e., on 12th June' 2023 Morning) otherwise we will not responsible for any type of train or flight delay 11th June' 2023.